

# Train the Trainer (Crew Resource Management)

Training is an essential part of organizations. As a Human Factor trainer you are responsible for making people competent within their own function in the area of Just Culture and Crew Resource Management (CRM). In fact, you should constantly apply this yourself when you act as a trainer. This requires knowledge of the theory and the necessary practical skills.

It is a big responsibility that requires solid training and a solid foundation. The course length is 10 days. Note: 10 days is the length if the participants already have a number of basic competencies such as knowledge of PowerPoint and basic knowledge of Crew Resource management (CRM). The purpose of this module is to train people to become professional supervisors who can independently

The purpose of this module is to train people to become professional supervisors who can independently design safety programs for employees in their organization.

#### This includes:

- Developing and conducting Human Factor training.
- Conducting objective observations and providing effective feedback.
- Supervising and facilitating intervision meetings.
- Continuously improving the effectiveness and quality of trainings.

YES Human Factors Ltd does this with the help of very experienced trainers and teachers with a background in management (operational and HR), psychology, organizational development and change management. The practical experience of dozens of years comes from different organizations, such as Siemens, Royal Air Force, KLM, Martinair, Ministry of the Interior, police etc.

YES Human Factors Ltd provides training within the following market segments: Health Care (hospitals), coast guard, process industry, IT, safety organizations, banks and aviation.

We kindly invite you to participate in this interactive, practical and inspiring program.

Han van der Meer and Jean-Pierre Kahlmann, Partners YES Human Factors Ltd



Human Factor trainers are indispensable are indispensable within modern organizations that have included psychological safety and Just Culture high in their corporate vision.

# Description

The training provides insights but also incorporates theoretical training, lesson design, practical observations and evaluation. Furthermore, the trainee is trained to facilitate intervisions in a professional way.



#### Program

## Module 1 - Day 1

09.00 Welcome with coffee

09.30 Introduction course

10.30 The basics: Shared Situational Awareness - judgment

11.00 Break

11.15 Shared Situational Awareness - effective communication and decision making

12.45 Lunch

13.30 Workload and Fatigue

15.00 Break

15.15 Stress and stress management

16.40 Evaluation and Conclusion

17.00 End

#### Module 1 - Day 2

09.00 Welcome with coffee

09.30 Recap of previous day

10.00 Group dynamics and assertiveness

11.00 Break

11.15 Fatigue; acute and chronic

12.45 Lunch

13.30 Complacency and distraction

15.00 Break

15.15 Workload management in teams

16.40 Evaluation and conclusion

17.00 End

#### Module 2 - Day 1

09.00 Welcome with coffee

09.30 Recap previous day(s)

10.00 Video: the co-pilot and the duck /

Introduction to Just Culture

11.00 Break

11.15 Norms and Protocols within organizations

12.45 Lunch

13.30 Threat management

14.15 Error management

15.00 Break

15.15 Distribution of teaching modules for the

trainees

16.40 Evaluation and conclusion

17.00 End

## Module 2 - Day 2

09.00 Welcome with coffee

09.30 Recap of previous day(s)

10.30 Effective communication

11.00 Break

11.15 Exercise Effective Communication

12.45 Lunch

13.30 Transactional Analysis and Push-Pull ratio

15.00 Break

15.15 Cultural differences



## Train de CRM-Trainer

16.40 Evaluation and conclusion 17.00 End

Module 3 - Day 1

09.00 Welcome with coffee

09.30 Recap previous day(s)

10.00 Introduction Observation Integrally

determine observation factors

11.00 Break

11.15 Defining observation aspects Self, Team,

Situation

11.45 Exercise: Observing and rating in practice

(Video)

12.45 Lunch

13.30 Observation aspects Means Procedures

15.00 Break

15.15 Exercise: Pendleton rules in practice

16.00 Group discussion: Giving feedback in practice

16.40 Evaluation and conclusion

17.00 End

Module 3 - Day 2

09.00 Welcome with coffee

09.30 Recap of previous day(s)

10.00 Personal Leadership Scan

11.00 Break

11.15 Leadership styles normal situations / training

situations

12.45 Lunch

13.30 Leadership in abnormal situations:

Hierarchical gradient

14.30 Exercise Apollo 13

15.00 Break

15.15 Leadership: "With whom does the

authority/decision lie?"

16.40 Evaluation and Conclusion

17.00 End

Module 4 - Day 1

09.00 Welcome with coffee

09.30 Recap previous day(s)

10.30 Introduction Intervision

11.00 Break

11.15 The helping question

12.45 Lunch

13.30 The role of the facilitator

15.00 Break

15.15 Intervision methods and choices

16.40 Evaluation and conclusion

17.00 End

Module 4 - Day 2

09.00 Welcome with coffee

09.30 Recap previous day(s)

10.30 The case

11.00 Break

11.15 Dynamic judgement

12.45 Lunch

13.30 The Incident Method

15.00 Break

15.15 Reflection and follow up of an intervision

meeting

16.40 Evaluation and conclusion

17.00 End

Module 5 -Day 1

09.00 Welcome with coffee

09.30 Recap previous day(s)

10.30 Introduction Didactics

11.00 Break

11.15 Content, form, casuistry

12.45 Lunch

13.30 Lesson by participants CRM subject ...

15.00 Break

15.15 Lesson by participants CRM subject ...

16.40 Evaluation and conclusion

17.00 End



#### Module 5 - Day 2

09.00 Welcome with coffee

09.30 Recap previous day(s)

10.30 Lesson by participants CRM subject ...

11.00 Break

11.15 Lesson by participants CRM subject ...

12.45 Lunch

13.30 Lesson by participants CRM subject ...

15.00 Break

15.15 Evaluation of lessons given

16.40 Evaluation and conclusion

17.00 End

## Questions and registration

For more information and to register, please contact:

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Or send an email to info@yeshumanfactors.nl

## Overview

Train de CRM-trainer

# **Program duration**

10 days

#### **Dates**

In consultation

## **Group size**

3-12 persons or in consultation

# Location

YES Human Factors Voorstraat 2 5353 KE Dieden

Or

In consultation Incompany or in the vicinity of your home and/or workplace

#### Costs

€ 4320 excl. tax per participant

Course material, coffee, tea and lunch are included